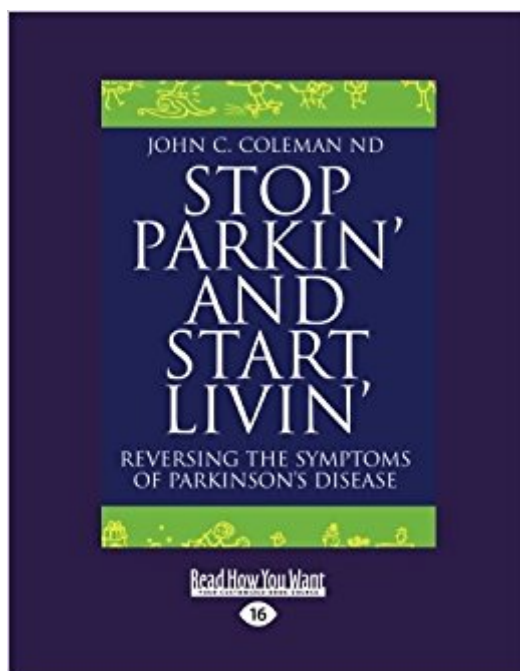


The book was found

Stop Parkin' And Start Livin'



Synopsis

Stop Parkin and Start Livin: Reversing the Symptoms of Parkinsons Disease is an invaluable resource for those diagnosed with Parkinson's Disease. It provides a plan of action and significant information which the reader can use to return to good health, and as an adjunct to working with supportive therapists.

Book Information

Paperback: 326 pages

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Average Customer Review: 5.0 out of 5 stars 4 customer reviews

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Customer Reviews

John Coleman left school at sixteen to work at a copper mine, spent many years in the music industry in various sales and marketing positions and then nine years as an operating theatre technician. He completed his Naturopathic studies in 1998 at the Australian College of Natural Medicine in Melbourne. John was co-founder of Very Special Kids and founder of the neuro recovery foundation. He now travels around Australia and overseas lecturing and conducting workshops for various health organizations.

Great book of resources. A must read!

Great book. Offers a lot of wonderful information on dealing with Parkinsons .

Good resource for anyone who has Parkinson's disease.

excellent

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